FAITH GROUP	DIET CONSIDERATION AND FAST DAYS	DOC RECOGNIZED HOLY DAYS (DO NOT REQUIRE TIME OFF FROM WORK) UNPAID WORK PROSCRIPTION	WORSHIP PRACTICES PERSONAL GROUP	ALLOWABLE PERSONAL ITEMS	ALLOWABLE GROUP ITEMS
		DAYS			
		(REQUIRES UNPAID DAY OFF FROM WORK)			
American Indian/	No special dietary	Unpaid Work Proscription Days	P - Smudging-during	1 Medicine Bag; 1	1 braid Sweet Grass; 1
Native American	standard exists	Spring - Equinox	ceremonies	Choker; 3 approved	bunch Cedar; 1 bunch
		Summer – Solstice Fall – Equinox	<u>G</u> - Sweat; Smudging,	Feathers; 1 Headband; 1 Dream-catcher (non-	Sage; 2 oz Bear Root; 2 oz Bitter Root; 2 oz
		Winter - Solstice	Talking Circle - pipe	metal, not to exceed 8")	Corn Meal; 2 oz Corn
		, vinter constact	ceremony	inetal) not to exceed o	Pollen; feather fans;
					tobacco/tobacco blend;
					ceremonial pipe; drum
					sticks; dipper &
					bucket; water antler;
					shells; forked sticks; canvas and/or
					blankets as required to
					cover sweat lodge;
					shovel & tools as
					security allows; prayer
					ties; 1 animal skin not
					to exceed 3' x 5';
					giveaway for leader
					(choker, dream
					catcher, medicine bag)

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FAITH GROUP	DIET	DOC RECOGNIZED HOLY DAYS	WORSHIP PRACTICES	ALLOWABLE	ALLOWABLE
	CONSIDERATION	(DO NOT REQUIRE TIME OFF FROM WORK)	PERSONAL	PERSONAL ITEMS	GROUP ITEMS
	AND FAST DAYS	UNPAID WORK PROSCRIPTION	GROUP	2 210 01 (12 21 21/20	
	MIND THOT DATE	DAYS	<u>GROCI</u>		
		(REQUIRES UNPAID DAY OFF FROM WORK)			
Asatru (Odinism)	No special dietary standard exists.	(REQUIRES UNPAID DAY OFF FROM WORK) Holy Day Observance Jan 3 - Charming of the Plow Mar 21 - High Feast of Osatra April 19- Sign Blot May 1 - May Day Jun 21 - Midsummer (first day of summer) Aug 28 - Freyfaxi Sept 22 - Winter Finding Oct 15 - Winter Nights Dec 21 - Yule No unpaid work proscription day(s)	P - Runes G - Blot Sumbel	Medallions; 1 White Cloth (towel); 1 Picture of Thor/Odin; 1 Cloth Bar or 1 Set of Rune Cards; 2 Book of Shadows; 1 altar cloth not to be in excess of 1½′ x 2′; 1 spiritual bag no larger than 4″ x 4″; no more than 2 decks of Tarot cards; 4 Talismans / Amulets; 5 crystals no larger than 1½″; 4-6 stones no larger than 1½″; 1 Pendulum in stone, wood or crystal only; 1 Chalice [no metal, glass or ceramics]; 1 set	Altar; Altar Cloth; Bowl; Libation Horn; Altar Candles; Picture of gods/goddesses; evergreen twig; 1 wand no longer than 8" [no metal, glass or ceramics]; 1 cauldron no larger than 6" across; 1 Censer no larger than 3"; no more than 2 oz. of Sea Salt; Approved herbs from authorized list; 1 small bell; Candles, herbs and incense will only be authorized for use during special
				of Runes in stone or wood; no more than 2 oz. of Sea Salt; 1 small bell	ceremonies & only under supervision
Baha`i	No special dietary	Holy Day Observance	P - Daily prayer time.	Kitab-I-Aqbas	None
	standard exists	Apr 21 – Ridvan	Accommodated around	(holy text)	
		May 23 - Declaration of the Bab	normal work times	,	
	Fast: March 2-21	May 29 - Ascension of Baha`u`llah			
	Some are vegetarian	Jul 9 - Martyrdom of Bab	<u>G</u> - None required		
		Oct 20 – birth of Bab Nov 12 – birth of Baha`u`llah			
		Unpaid Work Proscription Days Mar 21 – Baha`i new year			

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FAITH GROUP	DIET	DOC RECOGNIZED HOLY DAYS	WORSHIP PRACTICES	ALLOWABLE	ALLOWABLE GROUP
	CONSIDERATION	(DO NOT REQUIRE TIME OFF FROM WORK)	PERSONAL	PERSONAL ITEMS	ITEMS
	AND FAST DAYS	UNPAID WORK PROSCRIPTION	GROUP		
	mid mor bino	DAYS	<u>GROOT</u>		
		(REQUIRES UNPAID DAY OFF FROM WORK)			
Buddhism	Meatless alternative	Unpaid Work Proscription Days	P - No mandatory	Medallions; 1 strand	Small statue of Buddha;
	diet	Feb 8 – Nirvana	requirements (30 min	Prayer Beads; approved	candle; small bell;
		Apr 8 - birthday of Buddha	daily morning & evening	Prayer flags; 1 Prayer	meditation cushion and
		May - Prit	chanting) Accommodated	Wheel or picture of a	pad; small altar not to
		Dec 8 - Bodhi Enlightenment Day	around normal work	Prayer Wheel; 1 Picture	exceed 3' x 4'; Candles,
		Dec 21 - Winter Solstice	<u>times</u>	of Buddha; 1 Meditation	herbs and incense will only
				Cushion and 1 Pad;	be authorized for use
			<u>G</u> - None required	image of Bodhisattva	during special ceremonies
				Holy books: Tripitaka,	& only under supervision
				shustras, pitakas	
Catholic (Roman	Meatless entrée or	Holy Day Observance	<u>G</u> - Mass/communion	Medallions; Cross;	Holy Water; Crucifix small
Catholic)	alternative diet on	Ash Wednesday – date varies	service	Scapular; 1 Rosary	bowl or cup; stations of the
	Ash Wednesday &	Good Friday - date varies		Bible or books acceptable	cross; small statue or
	Good Friday and	Easter - date varies		under AR 750.	picture or holy card;
	Fridays in Lent, by	Aug 15 – Assumption of Mary			Sacrament of Communion
	personal choice	Nov 1 - All Saints Day			using wine, bread/wafer;
		Dec 8 - Immaculate Conception Dec 25 - Christmas			water; ashes; oil
		Jan 1 – Octave of Christmas			Baptism, Confirmation stoles, Altar cloths; Candles
		Jan 6 - Epiphany			and incense will only be
		Ascension of Jesus – date varies			authorized for use during
		Ascension of Jesus – date varies			special ceremonies & only
		No unpaid work proscription day(s)			under supervision
Christian	No special dietary	Holy Day Observance	P - Individuals study &	Medallions;	Sacrament of Communion
(General)	standard exists	Good Friday - date varies	pray in private.	Cross; Bible or books	using grape juice and
(======)		Palm Sunday – date varies	Accommodated around	acceptable under AR 750.	bread/wafer; water; ashes,
		Ash Wednesday - date varies	normal work times	r	oil Baptism, Confirmation
		Easter – date varies			stoles, Altar cloths; Candles
		Nov 1 - All Saints Day	<u>G</u> - Weekly for Worship		and incense will only be
		Dec 25 - Christmas	& Bible Study		authorized for use during
		Jan 6 - Epiphany	_		special ceremonies & only
		No unpaid work proscription day(s)			under supervision
Church of Christ	No special dietary	No Mandatory Requirements	None required	Medallions;	None
Scientist	standard exists				

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FAITH GROUP	DIET CONSIDERATION	DOC RECOGNIZED HOLY DAYS (DO NOT REQUIRE TIME OFF FROM WORK)	WORSHIP PRACTICES PERSONAL	ALLOWABLE PERSONAL ITEMS	ALLOWABLE GROUP ITEMS
	AND FAST DAYS	UNPAID WORK PROSCRIPTION DAYS (REQUIRES UNPAID DAY OFF FROM WORK)	GROUP		
Church of Scientology	No special dietary standard exists	Holy Day of Observance Sept 1 - International Scientology Day Sept 4 - International Auditors Day No unpaid work proscription day(s)	None required	Medallions	None
DRUID Celtic Pagans, Pre-Christian	NONE	Holy Day Observance solstices & Equinoxes Sumhain Imbolc Beltane Lugnasash No unpaid work proscription day(s)	P - Personal worship ritual, divination or devotion. Accommodated around normal work times. G - Prefer to gather outdoors for ritual, but indoors is appropriate also	Henge of Keltria Book of Ritual or books acceptable under AR 750.; Pentacle disk; 1 Sacred object pouches; 1 set of Rune cards; 2 Medallions; 2 Book of Shadows; 1 altar cloth not to be in excess of 1½' x 2'; 1 spiritual bag no larger than 4" x 4"; no more than 2 decks of Tarot cards; 4 Talismans / Amulets; 4-6 stones or crystals no larger than 1½"; 1 Pendulum in stone, wood or crystal only; 1 Chalice - plastic [no metal, glass or ceramics]; 1 set of Runes in stone or wood; no more than 2 oz. of Sea Salt; 1 small bell	Approved herbs/herbal teas; 1 set of Rune Cards; 4-6 Jewelry size Stones; Crackers/Water for ceremonial use; Plastic cups and bowls for ceremonial use; Pendulum; 1 wand no longer than 8" [no metal, glass or ceramics]; 1 cauldron no larger than 6" across; 1 Censer no larger than 3"; no more than 2 oz. of Sea Salt; 1 small bell; Candles, herbs and incense will only be authorized for use during on-site special ceremonies & only under supervision

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FAITH GROUP Hindu	DIET CONSIDERATION AND FAST DAYS Meatless alternative diet	DOC RECOGNIZED HOLY DAYS (DO NOT REQUIRE TIME OFF FROM WORK) UNPAID WORK PROSCRIPTION DAYS (REQUIRES UNPAID DAY OFF FROM WORK) Unpaid Work Proscription Days Oct - Dashera - date varies	WORSHIP PRACTICES PERSONAL GROUP P - Individuals study & pray in private.	ALLOWABLE PERSONAL ITEMS Holy books or books acceptable under AR	ALLOWABLE GROUP ITEMS None
		Nov – Diwali – date varies	Accommodated around normal work times G - None Required	750.:Upanishads, Bhagavad Gita Brahamanas, Vedas, Sruts, Smitis, Sutras	
Islam / Muslim	Ramadan Fast from before dawn until after dark – 29 to 30 days	Holy Day Observance Jumah Prayer – Fridays Ramadan – varies Unpaid Work Proscription Days Eid-Ul-Fitr – date varies Eid-Ul-Adha – date varies	<u>P</u> - Pray 5 times daily for approx 10 mins. (before sunrise, before noon, afternoon, before sunset, after sunset). <u>Accommodated around normal work times</u> <u>G</u> - Weekly group study	Holy books or books acceptable under AR 750.: Qu'ran, Hadith, Sharia; Medallions; 1 Prayer Rug; 1 Kufi (men); 1 Hijab (women); 1 strand Prayer Beads	Special foods for special feasts
Jehovah's Witness	No special dietary standard exists	Holy Day Observance Lord's Evening Meal – date varies Memorial of Christ's death during Passover – date varies No unpaid work proscription day(s)	P - Individuals study & pray in private. Accommodated around normal work times G - Weekly group study	Watch Tower Magazine Bible or books acceptable under AR 750.	None
Judaism	Kosher Fast days: Tevet Ester Tammuz Tish B'Av Gedeliah Yom Kippur	Holy Day Observance Chanukah Unpaid Work Proscription Days* Shabbot – weekly (sundown Friday – sundown Saturday) Passover – day 1 – date varies Passover – day 2 – date varies Passover – day 8 – date varies Passover – day 8 – date varies Shavout – day 1 – date varies Shavout – day 1 – date varies Rosh Hashanah – day 1 – date varies Rosh Hashanah – day 2 – date varies Yom Kippur – date varies Sukkot – day 1 – date varies	P - Pray three times a day (morning, afternoon, evening) Accommodated around normal work times G - Holy days & weekly Erev-Shabbot & Havdallah Unpaid Work Proscription Days* Sukkot - day 9 - date varies	Medallions;Star of David; 1 Skull Cap (Yarmulke); 1 Prayer Shawl (Tallis); 2 Phylacteries (Tefillin); 1 Calendar; 2 Tallit Katan (Tzizit); 1 Prayer Scarf (women only)	Menorrah Candles with Holders; spices; kiddish cup; spice holder; grape juice; matzot; Shofar Special foods for special feasts; Candles, herbs and incense will only be authorized for use during on-site special ceremonies and only under supervision

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FAITH GROUP	DIET CONSIDERATION AND FAST DAYS	DOC RECOGNIZED HOLY DAYS (DO NOT REQUIRE TIME OFF FROM WORK) UNPAID WORK PROSCRIPTION DAYS	WORSHIP PRACTICES PERSONAL GROUP	ALLOWABLE PERSONAL ITEMS	ALLOWABLE GROUP ITEMS
		(REQUIRES UNPAID DAY OFF FROM WORK)			
		Sukkot – day 2 – date varies	Shemini Atzeret		
		Sukkot – day 8 – date varies	Simchat Torah		
Messianic Jews	Kosher	Holy Day Observance	<u>P</u> - Pray three times a day	Medallions;Star of David;	Candles with Holders;
Wiessiariie jews	Rositei	Chanukah	(morning, afternoon,	1 Skull Cap (Yarmulke); 1	spices; kiddish cup;
	Fast days:	Unpaid Work Proscription Days	evening) Accommodated	Prayer Shawl (Tallis); 2	spice holder; grape juice;
	Tevet	Shabbot – weekly (sundown Friday –	around normal work	Phylacteries (Tefillin); 1	matzot; Shofar
	Ester	sundown Saturday)	times	Calendar; 2 Tallit Katan	Candles and incense will
	Tammuz	Passover – day 1 – date varies	<u>times</u>	(Tzizit); 1 Prayer Scarf	only be authorized for use
	Tish B'Av	Passover – day 2 – date varies	G - Holy days & weekly	(women only)	during on-site special
	Gedeliah	Passover – day 7 – date varies	Erev-Shabbot &	(Women omy)	ceremonies and only under
	Yom Kippur	Passover – day 8 – date varies	Havdallah	Bible or books acceptable	supervision
		Shavout – day 1 – date varies		under AR 750.	Supervision
		Shavout - day 2 - date varies			
		Rosh Hashanah - day 1 - date varies			
		Rosh Hashanah – day 2 – date varies			
		Yom Kippur - date varies			
		Sukkot – day 1 – date varies			
		Sukkot – day 2 – date varies			
		Sukkot – day 8 – date varies			
		Sukkot – day 9 – date varies			
Krishna	Meatless alternative	Holy Day Observance	P - Twice daily (before	Medallions; 1 strand	None
Consciousness	diet	Jagannatha - date varies	sunrise & after sunset)	Prayer Beads (Japa-mala);	
(Hare Krishna)		Janmastami – date varies	Accommodated around	1 Prayer Bead Bag; 1	
derivative of		Vyasa Puja – date varies	normal work times	Small Bell, Vedas,	
Hinduism		No unpaid work proscription day(s)	<u>G</u> - Weekly group study	Bhagavad-Gita	
Mormons (Church	No special dietary	No special accommodation required	<u>P</u> - Daily prayer (morning	Temple undergarment;	None
of Jesus Christ of	standard exists	Easter - date varies	& evening)	Book of Mormon, The	
Latter-Day Saints)		Dec 25 - Christmas	Accommodated around	Doctrine & Covenants,	
		No unpaid work proscription day(s)	normal work times	The Pearl of Great Price	
			G - Once a week group	Holy Bible, Gospel	
			worship.	Principles, or books	
				acceptable under AR 750.	
Non-	No special dietary	Holy Day Observance	\underline{P} – Individuals study &	Medallion - 2	Sacrament of Communion
denominational	standard exists	Good Friday - date varies	pray in private.	Bible, cross, other study	using grape juice and
Christian		Palm Sunday - date varies	Accommodated around	materials	bread/wafer; water, oil,
		Easter – date varies	normal work times		ashes; Candles, herbs and incense will only be
					incense will only be

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FAITH GROUP	DIET	DOC RECOGNIZED HOLY DAYS	WORSHIP PRACTICES	ALLOWABLE	ALLOWABLE GROUP
	CONSIDERATION	(DO NOT REQUIRE TIME OFF FROM WORK)	PERSONAL	PERSONAL ITEMS	ITEMS
	AND FAST DAYS	UNPAID WORK PROSCRIPTION	GROUP		
	MND THOI DHIS	DAYS	<u>GROUT</u>		
		(REQUIRES UNPAID DAY OFF FROM WORK)			
		Dec 25 – Christmas			authorized for use during on-
		Ash Wednesday	<u>G</u> - Weekly for Worship		site special ceremonies & only
		No unpaid work proscription day(s)	& Bible Study		under supervision
Protestant	No special dietary	Holy Day Observance	P - Individuals study &	Medallion;Bible or books	Sacrament of Communion
Christian	standard exists	Good Friday - date varies	pray in private.	acceptable under AR	using grape juice and
		Palm Sunday - date varies	Accommodated around	750., cross	bread/wafer; water; ashes;
		Ash Wednesday - date varies	normal work times		oil; Candles, herbs and
		Easter – date varies			incense will only be
		Dec 25 - Christmas	<u>G</u> - Weekly for Worship		authorized for use during
		Jan 6 - Epiphany	& Bible Study		on-site special ceremonies &
					only under supervision
		No unpaid work proscription day(s)			
Rastafarian	Meatless alternative	Holy Day Observance	P - Individuals study &	Medallions; head	None
	diet	July 23 - Haile Salassie's birthday	pray in private.	covering	
		1st Monday of August (Jamaican	Accommodated around		
		Independence Day)	normal work times.		
		Aug 17 - Marcus Harvey's birthday			
			<u>G</u> - None		
		No unpaid work proscription day(s)			
Seventh Day	Meatless alternative	Holy Day Observance	<u>P</u> - Individuals study &	Medallions	Sacrament of Communion
Adventist (SDA)	diet	Good Friday - date varies	pray in private.		using grape juice and
(Christian)		Palm Sunday - date varies	Accommodated around		bread/wafer, water;
		Easter - date varies	normal work times		Candles, herbs and incense
		Dec 25 - Christmas	<u>G</u> - Saturday group		will only be authorized for
		Unpaid Work Proscription Days	worship		use during on-site special
		Sabbath – weekly sundown Friday to			ceremonies & only under
		sundown Saturday			supervision
Sikh (derivative of	Meatless alternative	Unpaid Work Proscription Days	<u>P</u> - Sikh prayer,	1 Turban; 1 Kangha	None
Hinduism)	diet	Apr 13 - Vaisakhi: New Year	meditation & chanting of	(wood comb);	
		Nov 30 - Birth of Guru Nanak Dev Ji	God's name for at least 1	steel bracelet	
			hr daily. Accommodated		
			around normal work		
			<u>times</u> .		
			<u>G</u> - None required		

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FAITH GROUP	DIET	DOC RECOGNIZED HOLY DAYS	WORSHIP PRACTICES	ALLOWABLE	ALLOWABLE GROUP
	CONSIDERATION	(DO NOT REQUIRE TIME OFF FROM WORK)	PERSONAL	PERSONAL ITEMS	ITEMS
	AND FAST DAYS	UNPAID WORK PROSCRIPTION	GROUP		
		DAYS	<u>GROUT</u>		
		(REQUIRES UNPAID DAY OFF FROM WORK)			
Wicca	No special dietary	Holy Day Observance	P - Personal worship	Pentacle disk; 1 Sacred	Approved herbs/herbal
	standard exists	Feb 2 – Imbolc	ritual, divination or	object pouches; 1 set of	teas; 1 set of Rune Cards; 1
		Spring Equinox - date varies	devotion.	Rune cards; 2	medallion & chain; 4-6
		Apr 30 - Beltane	Accommodated around	Medallions; Book of	Jewelry size Stones;
		June 22 – Midsummer/Summer Solstice	normal work times.	Shadows or books	Crackers/Water for
		Aug 2 - Lughnassad		acceptable under AR	ceremonial use; Plastic cups
		Sept 21 – Fall Equinox	<u>G</u> - Outdoors or indoors	750.; 1 altar cloth not to	and bowls for ceremonial
		Oct 31 – Samhain	group worship	be in excess of 1½ ′ x 2′; 1	use; Pendulum; 1 wand no
		Dec 21 - Yule/Winter Solstice		spiritual bag no larger	longer than 8" [no metal,
		13 Full Moons		than 4" x 4"; no more	glass or ceramics]; 1
				than 2 decks of Tarot	cauldron no larger than 6"
		No unpaid work proscription day(s)		cards; 4 Talismans /	across; 1 Censer no larger
		Sabbats (Saturdays)		Amulets; 4-6 stones or	than 3"; no more than 2 oz.
				crystals no larger than	of Sea Salt; 1 small bell;
				1½"; 1 Pendulum in	Candles, herbs and incense
				stone, wood or crystal	will only be authorized for
				only; 1 Chalice - plastic	use during on-site special
				[no metal, glass or	ceremonies and only under
				ceramics]; 1 set of Runes	supervision
				in stone or wood; no	
				more than 2 oz. of Sea	
				Salt; 1 small bell	

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ALLOWED NATURAL ITEMS AND HERBS (not to exceed 5 ounces per person total)

Anise; Jasmine Flower; Basil; Lavender Flowers;

Bladderwack; Marjoram; Cassia Bark (cinnamon); Marshmallow;

Chickweed; Meadow Sweet; Cloves; Mint; Coltsfoot; Mugwort; Passion Flower: Comfrey; Damiana Leaf; Pau D' Arco; Eucalyptus; Rosemary Leaf; Fennel Seed;

Rose Buds and Petals;

Fenugreek; Rose Hips; Feverfew; Sage;

Sandalwood (powder & chips); Garlic; Ginko; Sea Salt;

Ginger; Skullcap; Hibiscus Flower; Charcoal tabs.

Horehound;

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